

## **Beef Italiano**

- 1 tsp** Olive oil - divided in half
- 3 oz** Lean ground beef
- 1/2 cup** Zoned Italian Sauce (See recipe in snacks and sides)
- 1 tsp** Olive oil
- 1 cup** Green beans - Italian-style
- 1/2 cup** Red bell peppers - cut in strips
- 1/2 cup** Green bell peppers - cut in strips
- 1/2 cup** Onion - diced
- 1/4 cup** Salsa
- 1/2 tsp** Parsley flakes
- 1/2 tsp** Worcestershire sauce
- 1/2 tsp** Celery salt
- 1/8 tsp** Lemon herb seasoning
- 1/8 tsp** Dried oregano

### **Instructions**

Spray a medium sauté pan with cooking spray. Add beef and sauté until cooked. Add Zoned Italian Sauce and simmer for 3 to 5 minutes. In second sauté pan, heat oil. Sauté the green beans, pepper strips, onion, salsa, parsley, Worcestershire sauce, celery salt, lemon herb seasoning, and oregano. Cook until crisp-tender, about 5 minutes. Spoon the vegetables onto a serving dish and top with the beef mixture.