

#StopTheSpread

# 7 Steps to prevent the spread of COVID-19

- 01 Wash your hands frequently
- 02 Avoid touching your eyes, nose, and mouth
- 03 Cover your mouth when you cough using a tissue or the bend of your elbow
- 04 Avoid crowded places and close contact with anyone who has fever or cough
- 05 Stay home if you feel unwell
- 06 Seek medical care early if you have a fever, coughs, and difficulty breathing—but call first
- 07 Get information from trusted sources

We Ask All Patients to Wear Masks in Compliance with the Recent Mask Ordinance in Orange and Seminole County. Please Call Us with Any Questions.